

**King Edward Medical College Alumni
Association of United Kingdom (KEMCA UK)**

KEMCA UK Magazine

Message from Editor-in-Chief

بسم الله الرحمن الرحيم

I welcome you to this first ever KEMCA UK Magazine. The reason for this effort is to update KEMCA UK members and the general public about our activities on a yearly basis, and to acknowledge the selfless teams working in the background.

For your ease, I have left hyperlinks of the video recordings, you can simply click and enjoy the event once again. I would request you to contribute in our future endeavours and be part of KEMCA UK to help achieve its goals. I hope you find this magazine useful and worth your time.



Abdullah Gujjar
Executive Member &
CPD Lead KEMCA UK

Message from Vice Chancellor



It's a pleasure to write a few words for KEMCA UK Magazine. KEMCA UK has always contributed in full spirit to pay back to its parent institute. Year 2020 was unique and brought a new challenge of COVID-19 Pandemic. At one end, it took so much and so many loved ones away from us, we learnt many things at the same time. It taught us how to work together, how to build teams, how to make our dreams come true in the hardest times possible, and above all how to serve humanity in the best possible way.

I am grateful to KEMCA UK for knowledge and expertise sharing. Leadership of KEMCA UK approached and expressed its intention to improve the standards of ICU/HDU during the wake of COVID-19. A programme of interactive sessions was launched with the aim of discussing difficult clinical scenarios from UK and KEMU on alternate basis and trying to come out with the best possible treatment plan. This problem based learning helped in establishing an environment of positive critique and building up a fruitful Interdisciplinary approach across the border.

These webinars are held every Saturday without any interruption. In addition, I want to applaud KEMCA UK for offering its expertise in refining the skills of our critical care nursing colleagues through regular discussions and demonstrations, which was a much needed step and need of the hour.

I am thankful to Dr Muhammad Tufail, Dr Tabinda Dugal, Dr Rana Hafeez ur Rehman, Dr Athar Ahmad Saeed, all executives of KEMCA UK and my team at KEMU, Prof Bilquis Shabbir, Prof Saqib Saeed, Dr Salman Ayyaz and Dr Asif Hanif for establishing this wonderful collaboration at the same time while they were working as front line warriors in the COVID Units. KEMU established the Telemedicine Department and published more than 90 research articles on COVID-19 in special issues of Annals of KEMU.

I wish and pray that this new year brings fresh horizons and opportunities specially from the lessons we have learnt during the last year whether clinical, academic or spiritual; and brings us together in our common purpose of serving ailing humanity and bringing up exceptional professionals.

Professor Khalid Masood Gondal
VC King Edward Medical University
Lahore Pakistan

Message from Chairperson



It is an honour to serve as Chairperson of King Edward Medical College Alumni Association United Kingdom (KEMCA UK). We are a strong organisation of five hundred kemcolians in the UK and have maintained a charity status for the last seven years. We aim to build on traditions from the past, create new ones and refocus our efforts to build upon a strong history we all feel proud of. As alumni of KEMU, we are among the fortunate few who have had the opportunity to blossom amidst a rewarding academic environment. Indeed, we are a vital thread in the fabric of this great institution and equally feel the responsibility to pay back.

For me, and I am sure for many of you, 2020 proved to be the toughest year of our professional lives. But we also want to remember positive things that have happened in 2020.

As a team we have achieved a lot from KEMCA UK platform. The kemcolians in the UK have served on the front end of the NHS to save many lives and accordingly have been recognised for their efforts and sacrifices. We have run our charitable projects with the help of Akhuwat and have been on the forefront for fighting with devastating effects of Covid-19 pandemic. We held very successful symposia on management of COVID-19 -19 infection and Universal Healthcare.

This pandemic has brought many opportunities with it and we used the online forums to harness solid professional relationships with our alma mater through mutual learning via MDT and grand rounds.

Although it feels like a dark time due to pressures of Covid-19 pandemic, we think that dawn is coming and we shall extend our collaboration with our alma mater and other partners to serve humanity in the new year. We shall continue to work hard and develop new initiatives to help accomplish our mission of making KEMU one of the best medical universities in the region.

Muhammad Tufail
Chairperson KEMCA UK Consultant
Interventional Pulmonologist
University Hospitals of Leicester

Message from General Secretary



It has been an honour and my pleasure to serve as secretary KEMCA UK. I write these few lines with the same sentiments reaching out to the wider fraternity. 2020 has been a testing year for all of us, we have been changed forever with the events of this year. Looking at the brighter side the half full glass of 2020, it gave us wider opportunities to interact with people across the globe through tele conferencing. Experts and listeners who would have hesitated to participate in the traditionally held events were able to do so through Zoom.

We held quite a few successful meetings which kicked off in August with the COVID-19 symposium, and ended with the Annual KEMCA Universal Health Symposium. In the midst we also had our first Mushaira. We were honoured by the presence of international experts, poets like Amjad Islam Amjad and philanthropists like Malala Yousafzai. In addition SAPM Dr Faisal helped us understand the ground realities in Pakistan. Our aim has been to initiate, participate and contribute to learning, development and welfare activities in our homeland Pakistan.

We sent COVID-19 food packages as well as PPE during the first wave. We continue to do weekly COVID-19 MDTs, it takes a lot to be in this meeting at 8am every Saturday not to mention the preparation it takes.

We wish to continue to be part of developments of KEMU and philanthropy. There are several projects in the pipeline that will come to fore in the near future that will help the medical students with career planning, research and a smooth transition to the UK.

I have to thank this dynamic team especially the Executive team which works tirelessly to arrange these meetings, circulate certificates, manage IT, offer donations and most importantly an altruistic time sacrifice for each of these activities. So thank you Tufail, Adeem, Asif, Abdullah, Shafiq, Waqas and everyone else that I haven't mentioned. The strength of the team is each individual member, the strength of each member is the team.

Here's to a safe 2021

Altapete

Tabinda Dugal
General Secretary KEMCA UK
Consultant Diabetes and
Endocrinology

Message from Treasurer & Social Secretary

It gives me a great pleasure to congratulate our current KEMCA UK executive team and especially our ever helpful, Editor in chief, Dr Abdullah Gujjar for the initiation of this KEMCA UK magazine. I am also very proud to be the part of the team.

KEMCA UK is the oldest and most efficient Alumnus of the overseas Pakistani doctors. KEMCA UK has been the pioneer and the leader of several educational, charitable and leisure programmes for the doctors of Pakistan and in particular, Kemcolians coming over to work in the UK and Europe. Recently KEMCA UK has started executing some innovative ideas, such as this magazine, which have become very popular to not only Kemcolians but also the Pakistani Diaspora living in the UK.

I am very grateful to all the Executive team, lead by our chairperson Dr Tufail for their tireless efforts to help our KE colleagues back home for their needs, including technical, educational and financial. Moreover, I extend my gratitude to Dr Izhar Hashmi of Akhuwat for their collaborative work with KEMCA UK.

My special thanks to Professor Khalid Masood Gondal VC and Professor Ijaz Hussain Pro VC for their support and guidance. Well done KEMCA UK and keep it up.



Adeem Murtaza Raja
Treasurer KEMCA UK



Asif Khan
Social Secretary KEMCA UK

We have organised successful social gathering and gala dinners in the past but as you all know the world has totally changed due to Pandemic and we are restricted in limited spaces for the time being. But we have continued our activities and embraced the virtual platforms to stay connected with our KEMCA UK family.

Our Facebook page was a great success and it has been a central platform to spread our message. We also have a very active WhatsApp group for interaction as well as for guiding the junior doctors. Please visit www.kemca.org if you want to be a member and part of this family.

Charity Report and our response to Pandemic

KEMCA UK is a registered Charity(1128345) in the UK since 2009. KEMCA UK has been fairly active since its inception in supporting various charitable causes primarily in Pakistan. It has its operational area defined as the UK and Pakistan, but can help in disaster areas globally. Its reports can be accessed on the Charity commission website.

Year 2020 has been very productive in respect of charitable work. KEMCA UK has collected and donated for the following causes. Both Kemcolians and non Kemcolians have donated generously. The KEMCA UK executive team and Trustees are immensely grateful to the donors for their trust in KEMCA UK to help the poor and needy.

1.KEMCA UK Breast Cancer Appeal: The project was initiated by KEMCA UK executive member and consultant pathologist Dr Shafiq Gill. He has kindly collected £4461.27 for a Breast cancer screening program in KE/Mayo in collaboration with Professor Saeed in the department of Pathology in KEMU.

2.In March 2020, World was hit by Covid-19 Pandemic. KEMCA UK took the initiative to support team in Mayo with PPE and bought PPE worth Rs 500000 (£2717)

3.We spent more than Rs 1.5 million for providing food to the poor people affected by Covid-19 pandemic with the help of Dr Izhar Hashmi (trustee Akhuwat Pakistan)

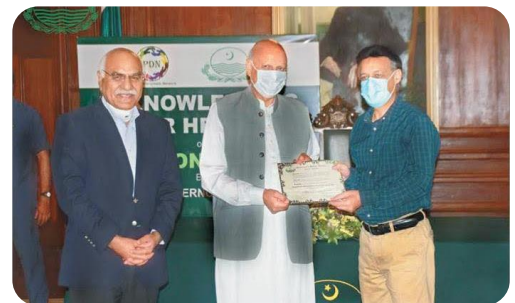
4.Our charitable projects were recognised and hailed by the Governor Punjab Choudhry Muhammad Sarwar in a special ceremony

5.KEMCA UK has signed an MOU to work in collaboration with RAHM Trust in Pakistan which is a registered charity in Pakistan.

6.KEMCA UK has previously signed an MOU with AKHUWAT which is a registered charity in Pakistan.

7.We are assisting in providing wheelchairs to the Society for Special Person's Welfare based in Multan for a period of three years. This is a commendable project where special persons are equipped with the skills to make wheelchairs for distribution across the country.

Rana Hafiz ur Rehman
Chair of charitable projects
Trustee KEMCA UK



KEMCA UK YouTube Channel

KEMCA UK YouTube Channel was launched on June 3, 2020 to create public awareness about COVID-19 Pandemic and to promote educational activities. A number of videos were published as mentioned below.

Watch the videos by clicking the hyperlinks below

- 1- [Conspiracy theories against COVID-19](#) (Dr Abdullah Gujjar interviewed Hunterian Professor Umar Sadat)
- 2- [Interview with a patient who survived the worst complications of the virus](#) (Dr Waqas Ishtiaq Ali interviewed the patient- Dr Waqas Ilyas)
- 3- [COVID-19 Treatment-Have we got reliable answers so far? Recovery Trial](#) (Dr Muhammad Tufail interviewed Professor Neil Greening)
- 4- [DIET and COVID19- Any Relationship?](#) (Dr Abdullah Gujjar interviewed a lead dietician Sarah Hill)

کورونا وائرس کی اصل حقیقت؟ Hunterian Professor کی زبانی



کورونا سے ایک بہادر ڈاکٹر کی آخر حد تک جنگ



COVID-19 Treatment Have we got reliable answers so far?



Any Relationship? DIET and COVID-19



Educational and CPD Activities

KEMCA UK has been at the forefront for world class RCP approved educational activities. We mainly conducted following activities:

I) COVID-19 World Seminar

We organised World Seminar in collaboration with KEMU and KEMCANNA on Management of Covid-19 infection on 9th August 2020. The symposium was approved by the Federation of Royal College of Physicians UK for four category one CPD points. It was attended by 200 delegates from throughout the world and we received excellent feedback.

Watch recording by clicking the hyperlinks below

[Session 1](#) Global trends in epidemiology and prevention

[Session 2](#) Management of COVID-19-Lessons for the future

[Session 3](#) The morning after, how COVID-19 changed the world



Educational and CPD Activities

II) 3rd Universal Healthcare Symposium

We organised our 3rd Universal Healthcare Symposium in collaboration with KEMU on 20th December 2020. The symposium was approved by the Federation of Royal College of Physicians UK for three category one CPD points. The broad themes were Service Development, Health Financing, Infection/Vaccination and Universal Education. The speakers also discussed the state of Federation and its preparedness to implement new changes and innovations to improve provision of Universal Healthcare in Pakistan. This symposium was yet again another great success and we attracted around 800 delegates from all over the world. We would like to thank Dr Asif Khan, Dr Abdullah Gujjar, Dr Mahwish Abid, Dr Toqeer Ahmad and Dr Zeeshan Ali for providing technical support.

Watch recording by clicking the hyperlinks below

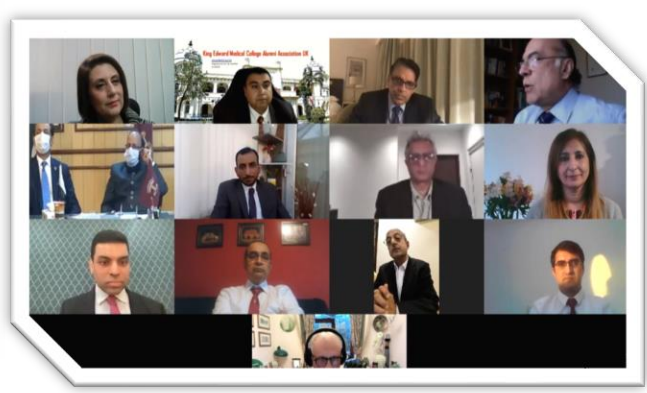
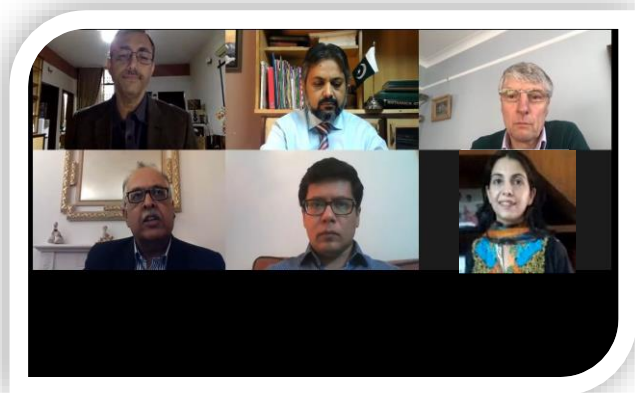
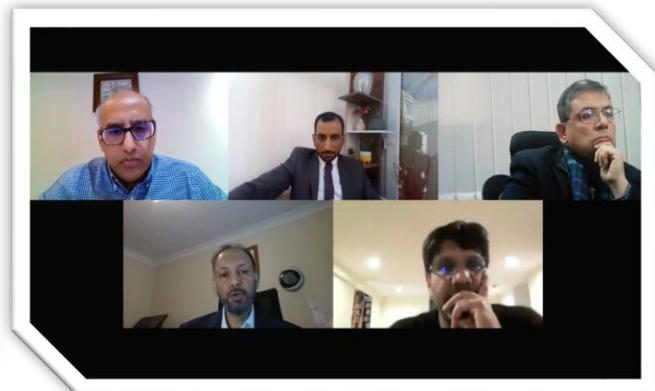
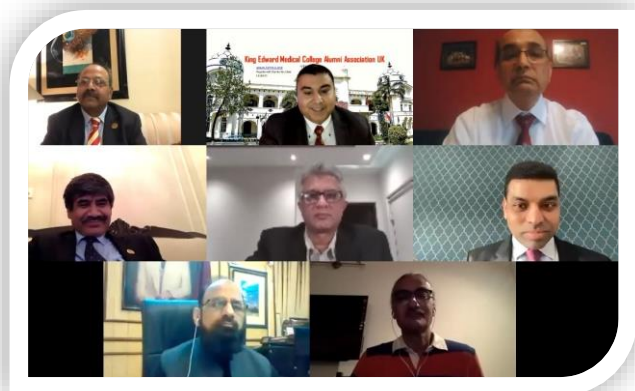
[Preamble & Service Development](#)

[Health Financing](#)

[Infections/Vaccination](#)

[Plenary: Health and Education across the country](#)

[Poster/Oral Presentation Session](#)



The King Edward Alumni Association of the UK has been holding an annual symposium on Universal Healthcare Access, with the help of the King Edward Medical University. We had our third symposium on December 20, 2020. We consider free or affordable access to healthcare and education a basic human right and a duty that the state and the society owe to the citizens. There is a need for healthcare professionals and health economists to bring their policy deliberations and arguments to the public and to put health and education on the political agenda.

The most important recent step in this direction has been the Sehat Card scheme for in-patient care. It is now available to all families in the Khyber Pakhtunkhwa province and is being implemented in the Punjab. It has an insurance-based funding model. The government enters into a contract with insurance companies on behalf of the citizens who don't pay for services. The providers of healthcare, can be private facilities and they bill the insurance companies for reimbursement.

The advantage of this arrangement is that the healthcare infrastructure in private setups can be mobilised and the state does not have to make large capital investments at the outset. The disadvantage is that regulatory framework is difficult and costly to establish and currently does not exist in Pakistan.

When health care providers are paid on the basis of interventions and not outcomes, they have an incentive to do interventions, regardless of the patient's needs and best interest.

This model is the basis of healthcare in Canada, in the Medicare and Medicaid schemes in the US and more recently and quite successfully in Turkey. The state insurance in India has not been so successful, due to the rudimentary nature of regulatory capacity.

In the KP province, the provincial government had introduced health administrative reforms, starting in 2013, initially in the Medical Teaching Institutions. This came to be called the MTI Act. The main planks of this reform were financial and budgetary autonomy, the appointment of a dean for the medical college who was also the chief executive of the hospital and answerable to a board of governors. The job contracts of the employees changed as the MTI was given more control over the workforce with certain safeguards with regards to the accrued benefits. The consultants were asked to do their private practice within the institution or opt out with some loss of privileges. The workforce part of the legislation turned out to be controversial and led to prolonged and painful industrial action in the KP and the Punjab.

The system however seems to be entrenched in the KP after overcoming some of the legal challenges. There is a likelihood that over time it will improve healthcare delivery and accountability. There is a strong need for an independent, systematic and detailed appraisal of these reforms as there remains a significant concern in the medical fraternity and healthcare providers.

There is further legislation in the pipeline in the two provinces to devolve healthcare to districts and tehsils to make it more responsive to local needs. It is based on the same principles of administrative and financial autonomy, local decision making and accountability.

The infrastructure development in the Punjab, as outlined by the health minister in our previous meetings includes healthcare insurance in all 36 districts of the Punjab and building of 200 bedded mother and child hospitals in Lahore, Attock, Mianwali, Layyah, Bahawalnagar and Rajanpur. Nursing colleges will also be built alongside these hospitals. All the Basic Health Units in the Punjab are intended to be accessible round the clock by 2023. The introduction of the MTI Act and establishment of the regional and district health authorities in the Punjab are on the way. The infrastructure projects still awaiting completion are the endoscopy diagnosis and treatment centres and regular transplant facilities at the

Punjab Kidney and Liver institute (PKLI).

The Sindh province has invested large amounts of funds in the National Institute of Cardiovascular Diseases (NICVD) and the Gambat Institute of Medical Sciences (GIMS), Gambat in Khairpur district. The GIMS is the only successful public sector centre for liver transplant in Pakistan, to date. The paradigm for employment of the medical staff in the NICVD is unique in that they pay market rates to their specialists and financial incentives to their workforce. This has resulted in the NICVD performing the highest number of primary PCIs, per day, in the world. They have also set up satellite centres in other cities for treatment of heart attacks, thus covering all the major population centres. It would be interesting to do a cost effectiveness study on the quality adjusted life years (QUALYS), gained by the patients treated.

Pakistan has dealt with the COVID-19 epidemic quite well, although the second wave is posing new challenges. There has been a 'Corona dividend' in the establishment of a national coordination effort in the form of the NCOC, establishment of diagnostics, data collection, transmission and analysis. This capacity can be a legacy to make use of once the pandemic is over, for example to deal with the WHO Hepatitis C eradication target by 2030.

Universal Healthcare & Pakistan

There have been several new indigenous medical technologies developed, especially by the National University of Science and Technology (NUST). Telemedicine facilities have taken off in many places specially at KEMU. Pakistan seems to have a good COVID-19 vaccination plan.

The role of decision making informed by data cannot be over emphasised- There should be close interaction between the government and some outstanding non-government bodies such as Centre of Economic Research in Pakistan (CERP). The state has some excellent resources for collaboration, such as the NADRA, the Pakistan Bureau of Statistics (PBS) and the Punjab Information Technology Board (PITB).

The media have a very important role to play. They should be asking the policy makers the right questions and holding them to account. They should keep the health agenda in public view. The medical establishment needs to open up to public scrutiny. As an example, publishing the data of the intensive care outcomes of the COVID-19 patients could be a good start. The information asymmetry between the healthcare providers and the

patient needs to be corrected.

Those most in need don't have a voice. We all need to speak up for them. We need informed activism for health.



Dr Athar Saeed

The author is the Universal Healthcare Programme Director of the King Edward Alumni Association, UK and a consultant gastroenterologist at Queen Elizabeth Hospital, Gateshead, UK

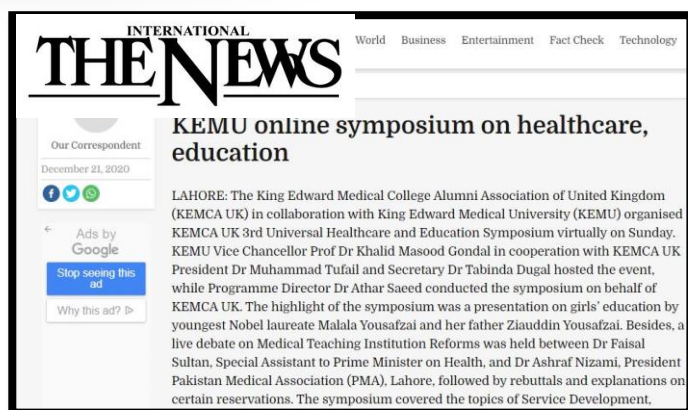
Universal Education

We also think that education is a basic right for everyone with particular emphasis on girls' education. It is important to note that female education directly affects health and fertility. In view of this we dedicated one out of four parallel sessions for Universal Education.

We were privileged to have the **Nobel Laureate Malala Yousufzai** as our special guest to highlight the importance of girls' education in achieving the ambition of Universal Education and Healthcare.

Watch recording now by clicking the hyperlink below

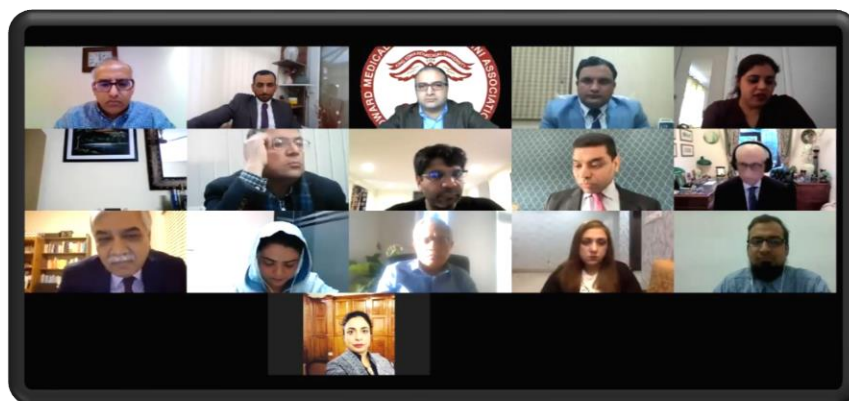
[Universal Education](#)



KEMCA UK Poster Competition

KEMCA UK has organised posters competition (with a theme of quality improvement and innovations in healthcare) for a second successive year as part of its Universal Healthcare Programme. We want to encourage a culture of research and quality improvement in Pakistan. We received high quality abstracts out of which 53 were displayed on website and nine were chosen for oral presentation. The winners were selected through a judging process and were given cash prizes as below:

[Watch Poster/Oral Presentation Session](#)



1st Position

Healthcare Service Development and Innovation, 3rd Universal Healthcare Symposium

Awarded to

Ahmad Bilal Akhtar

20th December 2020

RS. 50,000/-

Mian Muhammad Asalat Gujjar Prize

*Sponsored by Abdullah Gujjar
CPD Lead KEMCA UK*



2nd Position

Healthcare Service Development and Innovation, 3rd Universal Healthcare Symposium

Awarded to

Saeed Farooq

20th December 2020

RS. 25,000/-

K M Dugal Prize

*Sponsored by Tabinda Dugal
Social Secretary KEMCA UK*



3rd Position

Healthcare Service Development and Innovation, 3rd Universal Healthcare Symposium

Awarded to

Huma Saleem

20th December 2020

RS. 15,000/-

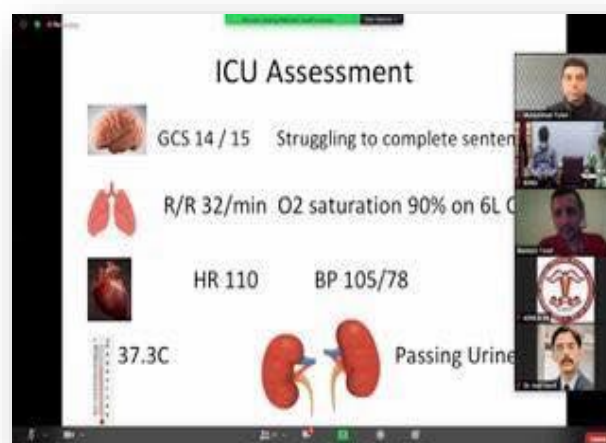
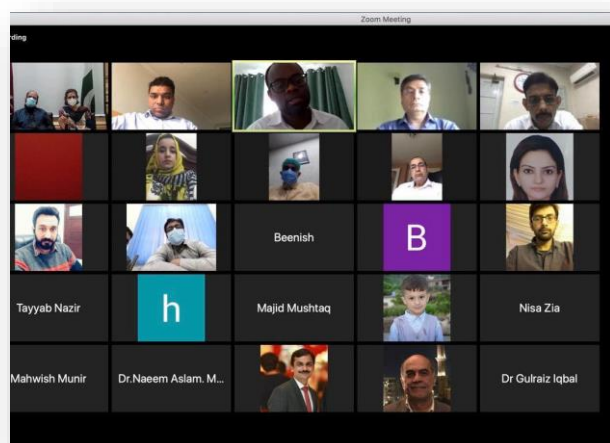
Nawab Ara Prize

*Sponsored by Tabinda Dugal
Social Secretary KEMCA UK*

[View E-Poster gallery by logging here](#)

Grand rounds with KEMU & ICU Nurses Training

In collaboration with the pulmonary, internal medicine and critical care departments of KEMU, we have established regular MDTs, grand rounds and ICU Nurses training on Saturday mornings. This is a mutual learning environment to share knowledge and skills. This has been particularly important in improving the care of patients with COVID-19 infection at Mayo Hospital.



We are grateful to all trainers who have contributed to this programme, their names are as below:

<i>Professor Khalid Masood Gondal, Vice Chancellor King Edward Medical University Lahore</i>	<i>Dr Rana Hafiz ur Rehman (Lead for the programme) ,Consultant anaesthetist & Intensive Care Medicine, Tameside Hospital, Manchester</i>	<i>Dr Muhammad Tufail, Consultant Interventional Pulmonologist, University Hospitals of Leicester NHS Trust, Leicester & Chair KEMCA UK</i>
<i>Dr Tabinda Dugal, Consultant endocrinologist Cornwall, UK & Secretary KEMCA UK</i>	<i>Dr Athar Saeed, Consultant Gastroenterologist, Queen Elizabeth Hospital, Gateshead UK</i>	<i>Professor Saqib Saeed, Professor of pulmonology Mayo Hospital, Lahore</i>
<i>Professor Bilquis Shabbir, Dean of Medicine Department, Mayo Hospital</i>	<i>Professor Sajid Ubaidullah, Professor of Medicine Mayo Hospital, Lahore</i>	<i>Professor Adil Iqbal, Professor of Medicine Mayo Hospital, Lahore</i>
<i>Professor Naeem Afzal, Professor of Medicine Mayo Hospital, Lahore</i>	<i>Professor Farrukh Afzal, Professor of Anaesthesia Mayo Hospital, Lahore</i>	<i>Dr Nadeem Sajjad Raja, Consultant Microbiologist, Southend University Hospital</i>
<i>Dr Mian Zubair Ahmed, Consultant Anaesthetist and Intensive Care Medicine, Barts NHS Trust, London</i>	<i>Dr Shakeel Riaz, Consultant Intensive Care Medicine, Qatar</i>	<i>Dr Mamoon Yusaf, Consultant Intensive Care Medicine, Qatar</i>
<i>Dr Asif Haneef, Assistant Professor of pulmonology Mayo Hospital, Lahore</i>	<i>Dr Salman Ayyaz, Associate Professor of pulmonology Mayo Hospital, Lahore</i>	<i>Dr Majid Mushtaq, Consultant Pulmonologist, Darent Valley Hospital, UK</i>
<i>Dr Nasir Siddique, Consultant Pulmonologist, Kettering General Hospital, UK</i>	<i>Dr Shehnoor Tariq, Consultant Pulmonologist, Wales, UK</i>	<i>Dr Talha Munir, Consultant Haematologist, Leeds Teaching Hospitals NHS Trust, UK</i>
<i>Dr Asif Khan, Consultant Interventional Cardiologist, Sherwood Forest Hospitals NHS Foundation Trust</i>	<i>Dr Badar Ganaie, Consultant Pulmonologist, Royal Stoke University Hospital, UK</i>	<i>Dr Beenish Iqbal, Specialist Trainee Respiratory Medicine, London, UK</i>
<i>Mr Asghar Ali, Nurse practitioner, Intensive care medicine Royal Free Hospital, London</i>	<i>Mrs Anila Naz Sher Ali, Lead Nurse Instructor, Mayo Hospital and KEMU, Lahore</i>	<i>Hassan Ahamd, Consultant Intensive Care Medicine, Tameside Hospital, Manchester</i>

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Dr Muhammad Abid (KEMC Batch 1975) is a senior and experienced public health professional. He has been involved in capacity building and workforce development for the Public Health Specialists in Pakistan over the years. Through his work Public Health England he has been assisting the Ministry of National Health Services Regulations & Coordination to develop the surveillance systems for communicable diseases and public health programs since the last four years.

As a member of the Faculty of Public Health UK Specialist Group for Pakistan he is actively promoting to strengthen public health agenda and delivery of public health functions in Pakistan, especially in the Punjab province.

He is a founder member of the KEMCA UK and has been involved with the KEMCA UK since its inception in various roles (Chairperson, Secretary, Trustee). In 2012, he started the Hepatitis C Awareness Program on behalf of KEMCA UK in Pakistan.

KEMCA UK LIFETIME ACHIEVEMENT AWARD



Professor Amjad Parvaiz

Professor of Surgery

University of Portsmouth, Portsmouth, UK

Visiting Professor of Robotic Surgery

University of Heidelberg, Germany

Honorary Professor of Surgery

School of Medicine, University of Belgrade, Serbia

Visiting Consultant Colorectal Surgeon

Poole Hospital NHS Foundation Trust, Poole, UK

Head of Laparoscopic & Robotic Colorectal Unit

Department of Colorectal Surgery, Champalimaud Foundation, Lisbon, Portugal

Head of Laparoscopic & Robotic Colorectal Surgery

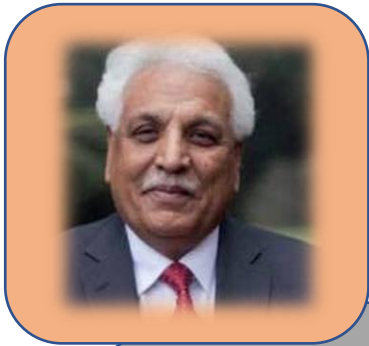
Hamad General Hospital Doha, Qatar

Director of the European Academy of Robotic Colorectal Surgery (EARCS)

Professor Amjad Parvaiz (KEMC Batch 1991) has vast experience in laparoscopic and robotic colorectal surgery with particular interest in training in minimally invasive techniques worldwide. He became the leading trainer in the UK for delivering the largest number of training procedures within the National Training Programme (Lapco) which was run by the Department of Health UK.

He has performed and supervised more than **2500 laparoscopic** colorectal resections & over **1000 robotic colorectal** resections. The Surgeon reported outcomes published by ACPGBI for five consecutive years showed that Professor Amjad Parvaiz had performed the largest number of colorectal cancer resections in the UK with 0% 90 days mortality. His published clinical results are quoted as one of the best in the world for short term hospital outcomes and long term cancer survival. His contributions to teaching and training are recognized worldwide and has resulted in awards of numerous honours worldwide.

Recent Achievement of Kemcolians in UK



Dr Afzal Javaid (KEMC 1977) is founding member of KEMCA UK, and a consultant psychiatrist in Nuneaton, England. He served as the President of the World Psychiatric Association(WPA) in year 2020. His clinical contributions have been recognised at national and international forums.



Syed Tanzeem Haider Raza OBE (KEMC 1979) made significant contributions to bring MRCP PACES examination in Pakistan. He is a Consultant physician at Royal Bournemouth Hospital. Dr Raza is also the Secretary Clinical Exam Board MRCP(UK)PACES since October 2019.

Recent Achievement of Kemcolians in UK



Professor Javed Ahmed (KEMC 1982) is an Interventional Cardiologist at Freeman Hospital Newcastle upon Tyne. He is a pioneer in performing Intravascular Lithotripsy procedure in the United Kingdom.



Dr Tayyab Haider (KEMC 1988) received MBE in the Queen's New Year Honours, for his services to the NHS particularly during the COVID-19 response. Dr Haider is a consultant physician and medical director at Basildon and Thurrock Hospitals NHS Foundation Trust.

Recent Achievement of Kemcolians in UK

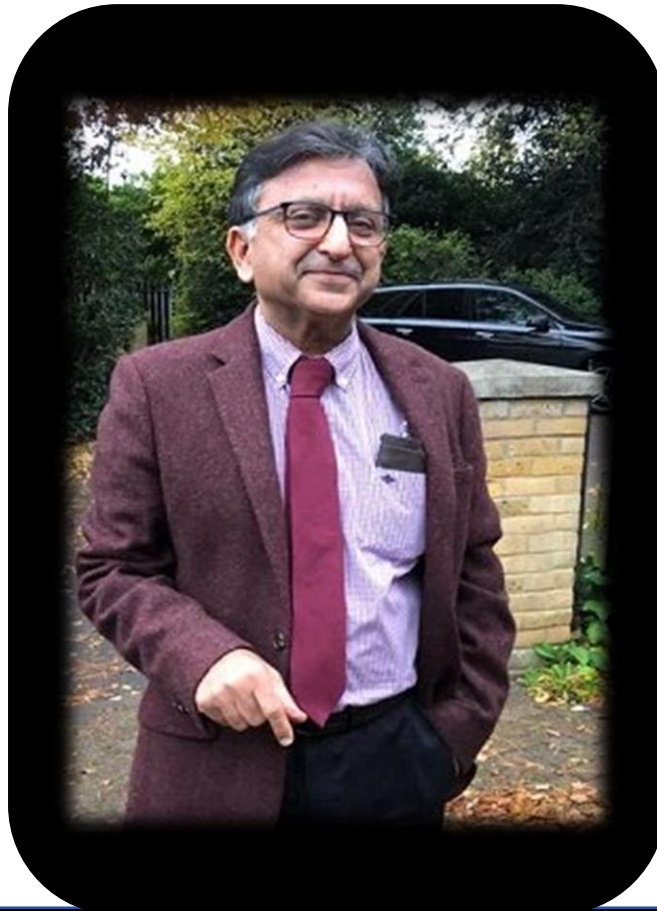


Mr. Assad Jalil Daula (KEMC 2002) is a Consultant Vitreoretinal Surgeon at Manchester Royal Eye Hospital. He is amongst the pioneers to perform the Gene therapy in UK for inherited retinal diseases.



Dr Umar Sadat (KEMC 2003) with his extensive contributions to scientific and clinical research was acknowledged recently with the award of '[Hunterian Professorship 2019](#)' from the Royal College of Surgeons of England, UK, which is one of the highest honours that can be conferred to a surgeon.

A tribute to Dr Tariq Shafi (RIP)



Kemcolians in the UK have been at forefront in the fight with COVID-19 Pandemic. **Dr Tariq Shafi (KEMC 1983)** lost his battle to COVID-19 on 6th May 2020 at St.Thomas Hospital London. It was a heartbreaking news for KEMCA UK and its members. Dr Shafi was a consultant Haematologist at Darent Valley Hospital, Kent. He continued his telephone clinics even when he was hospitalised due to COVID-19 illness. This shows an example of the highest commitment of a doctor to his profession and to his patients. Hundreds gave tribute to him at his departure. Watch the comments of his family and patients in this ITV report [Click here](#)

KEMCA UK Executives & Trustees



Muhammad Tufail
Chairperson



Tabinda Dugal
General Secretary



Adeem Murtaza Raja
Treasurer



Asif Khan
Social Secretary



Abdullah Gujjar
Executive & CPD Lead



Muhammad Abid
Trustee



Rana Hafiz ur Rehman
Trustee



Shahid Bashir
Trustee



Tajamal Khan
Trustee



Syed Saboor
Trustee



Shafiq Gill
Executive Member



Waqas Ishtiaq Ali
Executive Member



Fatima Asif
Executive Member



Shahid Hussain
Executive Member



Nosheen Iqbal
Executive Member



Sanad Saad
Executive Member

Sajid Khan
Executive Member